



Stephen Spoons

Specialist Neurological Occupational Therapist

Blaydon, Tyne and Wear

M 07875 379 426

E stephen.spoons@lac2009.uk

PROFESSIONAL QUALIFICATIONS

- + BSc (Hons) Occupational Therapy, Northumbria University 2009

PROFESSIONAL MEMBERSHIPS

- + Health and Care Professions Council (HCPC)
- + British Association of Occupational Therapy
- + Specialist Section for Work (Royal College of Occupational Therapy)

Since 2013 I have specialised in working in community settings with people who have acquired brain injuries. I have enjoyed developing specialist skills in cognitive rehabilitation, fatigue management, multi-disciplinary and multi-agency working which are necessary to support a person and their family through recovery and promote rehabilitation.

I have a special interest in vocational rehabilitation to support people with acquired brain injuries back to employment, education or meaningful occupation. I enjoy being able to work alongside employers and education services offering guidance and recommendations to enable people with acquired brain injuries to regain their previous roles, where possible.

I am the Health and Work Champion within in my NHS Trust. This is a joint initiative between Public Health England and the Royal College of Occupational Therapy. The role is to promote and encourage health professionals to ask the 'work question' at early stages in a person's rehabilitation with the aim of identifying vocational goals in early treatment planning.



I have found that providing education and guidance regarding the impact of an individual's brain injury is extremely important to help them, their family and their education provider or employer to understand and mitigate for current difficulties and behaviours to enable the development of insight, awareness and robust coping strategies.

I recognise that every person and every family is different, and I can adapt my approach to meet their needs. With open communication and honesty, I build a therapeutic relationship and rapport to promote rehabilitation through mutual respect and trust. I enjoy using a collaborative approach to actively engage the individual to establish and achieve personalised goals.

CAREER PATHWAY

Jul 2019 – Present	Specialist Neurological Occupational Therapist, Associate, Lets Accomplish Change Ltd.
Aug 2019 – Present	Clinical Lead, Community Acquired Brain Injury Service, Northumberland, Tyne and Wear Trust
Apr 2015 – Aug 2019	Specialist Brain Injury Occupational Therapist, Community Acquired Brain Injury Service, Northumberland, Tyne and Wear Trust
Jan 2013 – April 2015	Occupational Therapist, Acquired Brain Injury Team, South Tyneside Foundation Trust
May 2010 – Dec 2012	Occupational Therapist, Rotation Post, Hospital and Community, South Tyneside Foundation Trust
Oct 2009 – May 2010	Occupational Therapist, Community Learning Disabilities Team, Tees, Esk and Wear NHS Trust
Jun 2009 – Oct 2009	Occupational Therapist Technical Instructor, Older Person Inpatient, Northumberland Care Trust
July 2007 – June 2009	Relief Day Centre Officer, Learning Disabilities Services, Gateshead Council
Nov 2005 – Sept 2006	Occupational Therapy Assistant, Older Person Inpatient, Northumberland Care Trust
Nov 2003 – Nov 2005	Short Breaks Coordinator, Learning Disabilities Service, Gateshead Council

CLINICAL QUALIFICATIONS

COURSE TITLE	TRAINING PROVIDER	DATE
Managing Life, Work & Fatigue following Acquired Brain Injury	Royal College of Occupational Therapists, Acquired Brain Injury Forum	2018

**CLINICAL QUALIFICATIONS (CONTINUED)**

COURSE TITLE	TRAINING PROVIDER	DATE
Health and Work Champion	Royal College of Occupational Therapists	2017
Executive Functioning after Brain Injury	BrainTree	2017
Insight and Awareness after Brain Injury	BrainTree	2016
Functional Capacity Evaluation (FCE) and Job Demands Analysis	Obair Associates	2016
The Perceive, Recall, Plan and Perform Systems of Task Analysis	Dr C Chapparo & Dr J Ranka	2016
Cognitive Rehabilitation after Brain Injury (Distance Learning Course)	BrainTree	2015