



Natalie Jardim

Specialist Neurological Occupational Therapist

Darlington, Co Durham

M 07776 015 707

E nat.jardim@lac2009.uk

T @NatalieJardim

PROFESSIONAL QUALIFICATIONS

- + BSc (Hons) Occupational Therapy, 2011 York St John University

PROFESSIONAL MEMBERSHIPS

- + British Association of Occupational Therapists
- + Health and Care Professions Council (HCPC)

I qualified as an Occupational Therapist in 2011 and I am registered with the British Association of Occupational Therapists and the Health and Care Professions Council.

Prior to qualifying, I worked as a therapy assistant both in the community and neurosciences inpatient wards, gaining experience of working with people with long-term conditions and neurological conditions. I have both graduate and senior level clinical experience of working in the field of neurosciences. I have specific interest in cognitive rehabilitation following acquired brain injury.

Through an open, transparent and consistent approach I am able to establish a trusting therapeutic relationship, which is helpful when working with individuals and their families. This may include situations where as a clinician you have to challenge a person's insight and awareness to optimise engagement and achieve goals.

I have extensive experience of multi-agency communication with professionals working in health, social care, private and not for profit organisations. I enjoy working as part of an interdisciplinary team, and value working as a member of a cohesive team, to deliver exceptional and consistent clinical intervention.



I have a friendly and approachable manner and can communicate effectively and empathetically with clients and their families/carers. Often they feel at their most challenged and vulnerable, as they return to new ways of doing a familiar activity, or explore doing something new. I always enjoy seeing the progress and clinical improvements from such intervention, and strive to develop personalised and bespoke treatment plans for each client, dependent on their own interests and occupational needs.

My areas of expertise within neuro-rehabilitation include cognitive rehabilitation therapy, patient and family education, fatigue management, clinical risk management, moving and handling assessment, prescribing of moving and handling equipment, therapeutic handling and upper limb splinting.

CAREER PATHWAY

May 2019 – Present	Specialist Neurological Occupational Therapist, Associate, Lets Accomplish Change Ltd.
Jan 2014 – Jul 2018	Senior Specialist Neurological Occupational Therapist, Walkergate Park Centre for Neurorehabilitation, Newcastle
Jan 2013 – Jan 2014	Graduate Neurological Occupational Therapist, South Tees NHS Trust, James Cook University Hospital
Mar 2011 – Jan 2013	Graduate Occupational Therapist (Rotational Post), South Tees NHS Trust, James Cook University Hospital
Mar 2006 – Mar 2011	FACS Reviewer, Occupational Therapy, Department of Social Care, Middlesbrough
Jan 2004 – Mar 2006	Occupational Therapy Assistant, Department of Social Care, Middlesbrough

CLINICAL QUALIFICATIONS

COURSE TITLE	TRAINING PROVIDER	DATE
The Percieve, Recall, Plan and Perform System of Task Analysis: PRPP Intervention Course (application of cognitive strategy)	Dr C Chapparo & Dr J Ranka	2018
Assessing and Improving Executive Functioning after Acquired Brain Injury	BrainTree	2015

**CLINICAL QUALIFICATIONS (CONTINUED)**

COURSE TITLE	TRAINING PROVIDER	DATE
Clinical Educators Course (APPLE accreditation)	Northumbria University	2016
The Percieve, Recall, Plan and Perform System of Task Analysis: PRPP Assessment Course	Dr C Chapparo & Dr J Ranka	2016
Increasing Insight and Awareness after Acquired Brain Injury	BrainTree	2015
Cognitive Rehabilitation after Acquired Brain Injury	BrainTree	2013