



Dr Caz Lyall

Specialist Neurological Occupational Therapist

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PROFESSIONAL QUALIFICATIONS

- + 2008: PhD Medicine, University College London
- + 2007: MA (with distinction) in Transpersonal Psychotherapy, De Montfort University
- + 2002: Foundation Course in Counselling and Psychotherapy, The Centre for Counselling and Psychotherapy Education
- + 1996: MSc in Neuro-rehabilitation, Brunel University
- + 1988: BSc in Occupational Therapy, University of the Witwatersrand

PROFESSIONAL MEMBERSHIPS

- + Health and Care Professions Council (HCPC)

PUBLICATIONS AND AWARDS

- + Lyall C (2017) 'Assessing Care Needs After Acquired Brain Injury'. In Van den Broek M.D. & Sembi S. (2017) 'Brain Injury Claims'. Thomson Reuters
- + Hospital Savings Association PhD Scholarship in 2001
- + Elizabeth Casson Award in 2001
- + Constance Owens Award in 2001



After qualifying as an occupational therapist in 1988, I worked in a wide range of acute and neurorehabilitation settings in the UK, Australia and South Africa. I now work as a care and occupational therapy expert and an independent neurological occupational therapist.

Acquired brain injury has always been my main passion and has been the focus of most of my clinical work. It has driven me to undertake further studies in the area of neurological rehabilitation as well as the psychological and behavioural impact of brain injury on the family.

I have a keen interest on how brain injury influences the way that people think and feel and how they cope with the sudden and unexpected change in their lives. Due to the nature of brain injury, people can often experience a range of difficulties in cognition, behaviour, psychological state and physical function. This impacts greatly on all the activities they used to engage in before the brain injury. Consequently, the work with people who have sustained a brain injury can be both challenging and extremely rewarding.

Everyone is an individual and how they respond is therefore very individualistic. As such, everyone requires an individually tailored and specific approach, drawing on their strengths and helping them to overcome any barriers they may have with regards to their difficulties and engagement in therapy. As an occupational therapist, I employ cognitive compensatory strategies, recommend aids and equipment and encourage engagement in meaningful activities to facilitate independence. I may also recommend the assistance of support workers, so that they can assist with implementing the treatment that is proposed. This means that daily activities can be practiced on a regular and sometimes daily basis.

I continue to be inspired to help people who have experienced a catastrophic life changing event to move forward, and to find ways for them to live meaningful lives

CAREER PATHWAY

May 2019 – Present	Specialist Neurological Occupational Therapist, Associate, Lets Accomplish Change Ltd.
Jan 2001 – Present	Care and Neurological Occupational Therapy Expert, Somek & Associates
Feb 2001 – Aug 2001	Head Occupational Therapist, Therapy at Home Team, Homerton Hospital
Aug 2000 – Sep 2000	Senior 1 Occupational Therapist (Agency Position), Hammersmith Hospital
Feb 2000 – Mar 2000	Visiting Lecturer in Occupational Therapy, School of Occupational Therapy, University of London
Jan 1999 – Feb 2000	Specialist Neurological Occupational Therapist, Finchley Memorial Hospital and Devonshire Hospital, London



CAREER PATHWAY (CONTINUED)

Oct 1996 – Oct 1999	Lecturer and Director of Fieldwork Education, School of Occupational Therapy, University of London
Jan 1996 – Oct 1996	Head Occupational Therapist and Specialist Neurological Occupational Therapist, Devonshire Hospital, London
Apr 1993 – Dec 1995	Senior I Occupational Therapist, Head Injury Rehabilitation Unit, Ticehurst House Hospital
Feb 1993 – Apr 1993	Senior II Occupational Therapist, Neuro-rehabilitation Unit, Northwick Park NHS Trust
May 1992 – July 1992	Senior II Occupational Therapist, Australia
Jan 1990 – Mar 1992	Senior II Occupational Therapist, Various Neurological Hospitals in the South of England
Jan 1989 – Dec 1989	Basic Grade Occupational Therapist, South Africa